

**UČNI NAČRT PREDMETA / COURSE SYLLABUS**

<b>Ime predmeta:</b>	Onkologija in paliativna medicina
<b>Course title:</b>	Oncology and palliative medicine

Študijski program in stopnja Study programme and cycle	Študijska smer Study option	Letnik Year of study	Semester Semester
Splošna medicina, enovit magistrski študijski program		Peti	9.
General medicine, Uniform master's degree study program		Fifth	9th

<b>Vrsta predmeta (obvezni ali izbirni) /</b> <b>Course type (compulsory or elective)</b>	obvezni compulsory
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<b>Univerzitetna koda predmeta / University course code:</b>	
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Predavanja Lectures	Seminar Seminar	Vaje Tutorial	Klinične vaje Clinical training	Druge oblike študija Other forms of study	Samost. delo Individual work	ECTS
30	30	AV LV RV	30		90	6

<b>Nosilec predmeta / Course coordinator:</b>	Prof. dr. Marko Hočevar Doc. dr. Irena Oblak
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<b>Jeziki /Languages:</b>	<b>Predavanja / Lectures:</b> slovenski/slovene
	<b>Vaje / Tutorial:</b> slovenski/slovene

<b>Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:</b>	<b>Prerequisites for enrolling in the course or for performing study obligations:</b>

<b>Vsebina (kratek pregled učnega načrta):</b>	<b>Content (syllabus outline):</b>
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Splošna onkologija. Biologija, genetika in patologija raka. Epidemiologija in primarna preventiva rakavih bolezni. Kemopreventiva, presejanje (»screening«) in zgodnje odkrivanje raka, prediagnosticiranje. Mikroskopska verifikacija in zamejitev bolezni. Načela kirurškega, obsevalnega in sistemskega zdravljenja raka. Biološki načini zdravljenja raka. Načela kliničnega raziskovanja v onkologiji. Opredelitev ciljev zdravljenja: ozdravitev, remisija, simptomatsko (paliativno) zdravljenje. Multidisciplinarno odločanje, načela multimodalnega zdravljenja in soodločanje bolnika. Urgentna stanja v onkologiji in zapleti onkološkega zdravljenja. Rehabilitacija in ocenjevanje kvalitete življenja. Načela in praktični napotki za paliativno zdravljenje: zdravljenje bolečine, prehrana, preprosti posegi – razbremenilna plevralna in abdominalna punkcija. Sekundarni maligni tumorji. Alternativne metode zdravljenja v onkologiji. Specialna onkologija. Karcinom kože in maligni melanom. Rak glave in vrata. Rak ščitnice in drugi tumorji endokrinskih žlez. Pljučni rak. Rak požiralnika in želodca. Rak debelega črevesa in danke. Rak jeter in trebušne slinavke. Rak ledvice in mehurja. Rak prostate. Tumorji testisa. Rak dojke. Rak materničnega vratu, maternice in jajčnikov. Možganski tumorji. Rak neznanega izvora. Levkemije, limfomi in druge mieloproliferativne bolezni. Sarkomi mehkih tkiv in kosti. Otroška onkologija. Rak pri starejših bolnikih.

General oncology: Biology, genetics and pathology of malignant diseases. Epidemiology and primary prevention of cancer diseases. Chemoprevention, screening and early detection of cancer, overdiagnosis. Microscopic verification and staging of the disease. Principles of surgical, radiotherapeutic and systemic treatment of cancer. Treatment of cancer by biological means. The principles of clinical research in oncology. Definition of treatment results, such as cure, remission, symptomatic (palliative) treatment. Multidisciplinary approach in decision making, principles of multimodal treatment and patients cooperation. Urgent situation in oncology and complications during treatment. Rehabilitation and determination of the quality of life. Principles and practical suggestions for palliative treatment: pain control, diet, simple surgical intervention, e. g. pleural and abdominal fluid evacuation. Secundary malignancies. Alternative methods in oncology. Special oncology: Skin cancer and malignant melanoma. Head and neck tumors. Thyroid cancer and other malignancies of endocrine glands. Lung cancer. Oesophageal and gastric carcinomas. Tumors of the colon and anus. Liver and pancreatic tumors. Kidney and urinary bladder cancer. Prostatic and breast cancer. Testicular tumours. Cervical cancer, cancer of the uterus and ovarian cancer. Origo ignota malignancies. Leukemias, lymphomas and other myeloproliferative diseases. Soft tissue and bone sarcomas. Pediatric oncology. Malignancies in elderly people.

### Temeljni literatura in viri / Reading materials:

NOVAKOVIĆ, Srdjan (ur.), et al. Onkologija : raziskovanje, diagnostika in zdravljenje raka. 1. izd. Ljubljana: Mladinska knjiga, 2009.

### Cilji in kompetence:

Na osnovi že prej pridobljenega znanja bo študent zgradil okvir za multidisciplinarno delo v onkologiji. Spoznal bo osnovne smernice za diagnostiko rakavih bolezni, zamejevanje bolezni in odločitev o zdravljenju. Obnovil bo načela kirurškega zdravljenja raka, nato pa se bo posebej posvetil osnovam radioterapije, internistične onkologije in načelom kombiniranega multimodalnega zdravljenja. Spoznal bo osnove rehabilitacije in paliativne onkologije.

### Objectives and competences:

Based on previous acquired knowledge the undergraduate will be able to form his/her frame for the multidisciplinary approach in oncology. The undergraduates knowledge of basic directive in oncological diagnostics will permit him to asses the degree of disease extension and consequently the appropriate treatment scheme. Based on the acquired knowledge of surgery the candidate will pay particular attention to the treatment with radiotherapy, systemic medical treatment and combined multimodal treatment. Rehabilitation and palliative treatment will be part of the candidates educative programme as well.

**Predvideni študijski rezultati:**

Znanje in razumevanje:

Po uspešno zaključenem programu bo kandidat sposoben sodelovati v onkoloških strokovnih skupinah, timih, pri diagnosticiranju in tretiraju bolnikov z rakovo boleznijo. Na osnovi praktičnih izkušenj, ki si jih bo pridobil v bolnišničnem delu, bo kandidat pridobil potreбno znanje, ki mu bo v celoti omogočilo samostojno delo.

Prenesljive/ključne spremnosti in drugi atributi:

Na osnovi pridobljenega teoretičnega znanja in praktične izkušenosti se kandidat kvalificira za prenašanje svojega znanja, to je učenja, slušateljem na šolah, kjer je onkologija v programu študija.

**Intended learning outcomes:**

Knowledge and understanding:

After a successful completion of the programme the candidate will be qualified to collaborate in oncological teams in diagnosing and treatment planning of cancer diseases. Based on candidates practical experience gained during following hospital activity, the candidate will acquire the necessary practical and theoretical knowledge which will enable him/her also for individual activities and responsibilities in cancer hospital.

Transferable/Key Skills and other attributes:

Based on the acquired theoretical knowledge and practical experience the candidate will qualify as a teacher at schools and courses, where oncology is a regular part of schools teaching programme.

**Metode poučevanja in učenja:**

Med te sodijo čelna predavanja, seminarji, klinično delo pri bolnikih in individualna seminarska dela na temah, ki se tičejo tega predmeta

**Learning and teaching methods:**

Among them are full length lectures, seminars, clinical approach with patients and individual seminars with the presentation and discussion in the class.

Delež (v %) /

**Načini ocenjevanja:**

Share (in %)

**Assessment methods:**

Način (pisni izpit in/ali ustno izpraševanje, naloge, projekt)	50 50	Type (examination written and/or oral, coursework, project):
Seminarska naloga Ustni izpit		Coursework Oral examination
ŠTUDIJSKE OBVEZNOSTI ŠTUDENTOV Obvezna 70% prisotnost na predavanjih. 1. Opravljene vaje 2. Opravljen seminar z aktivnim sodelovanjem		ACADEMIC OBLIGATIONS OF STUDENTS Obligatory 70% attendance at lectures. 1 Completed practice 2 Completed coursework with active cooperation
POGOJI ZA PRISTOP K POSAMEZNEMU PREVERJANJU ZNANJA Opravljene vaje na Onkološkem inštitutu Ljubljana in predstavljen seminar.Temo individualnega seminarja prejmejo študenti na predavanjih.		REQUIREMENTS FOR ACCESS TO INDIVIDUAL KNOWLEDGE CHECKING Completed practice at the Institute of Oncology Ljubljana and presented coursework. The theme of an individual coursework is given to students at lectures.

**Reference nosilca / Course coordinator's references:**

Hočvar Marko

- BARRETT, Jennifer H, HOČEVAR, Marko, NOVAKOVIĆ, Srdjan, et al. Fine mapping of genetic susceptibility loci for melanoma reveals a mixture of single variant and multiple variant regions. *International journal of cancer*, ISSN 0020-7136. [Tiskana izd.], Mar. 2015, vol. 136, iss. 6, str. 1351-1360.
- LAW, Matthew H., HOČEVAR, Marko, NOVAKOVIĆ, Srdjan, et al. Genome-wide meta-analysis identifies five new susceptibility loci for cutaneous malignant melanoma. *Nature genetics*, ISSN 1061-4036, 2015, vol. 47, no. 9, str. 987-995.
- LEŽAIČ, Luka, REP, Sebastijan, JENSTERLE SEVER, Mojca, KOCJAN, Tomaž, HOČEVAR, Marko, FETTICH, Jurij. [sup]18F-Fluorocholine PET/CT for localization of hyperfunctioning parathyroid tissue in primary hyperparathyroidism : a pilot study. *European journal of nuclear medicine and molecular imaging*, ISSN 1619-7070, Nov. 2014, vol. 41, iss. 11, str. 2083-2089.
- HOČEVAR, Marko, DRAGONJA, Zala, PILKO, Gašper, GAZIĆ, Barbara, ŽGAJNAR, Janez. Residual melanoma after an excisional biopsy is an independent prognostic factor for local recurrence and overall survival. *European journal of surgical oncology*, ISSN 0748-7983, Oct. 2010, vol. 40, no. 10, str. 1271-1275.
- ILES, Mark M., NOVAKOVIĆ, Srdjan, HOČEVAR, Marko, et al. A variant in FTO shows association with melanoma risk not due to BMI. *Nature genetics*, ISSN 1061-4036, 2013, vol. 45, no. 4.
- GOJKOVIĆ, Andreja, JANČAR, Boris, BLAS, Mateja, ŽUMER, Barbara, KARNER, Katarina Barbara, HOČEVAR, Marko, STROJAN, Primož. Adjuvant radiotherapy for palpable melanoma metastases to the groin : when to irradiate?. *International journal of radiation oncology, biology, physics*, ISSN 0360-3016. [Print ed.], 2012, vol. 83, no. 1, str. 310-316.

#### Oblak Irena

- OBLAK, Irena, ČEŠNJEVAR, Monika, ANŽIČ, Mitja, BUT HADŽIĆ, Jasna, ŠEČEROV ERMENC, Ajra, ANDERLUH, Franc, VELENIK, Vaneja, JEROMEN, Ana, KOROŠEC, Peter. The impact of anaemia on treatment outcome in patients with squamous cell carcinoma of anal canal and anal margin. *Radiology and oncology*, ISSN 1318-2099. [Print ed.], Mar. 2016, vol. 50, no. 1, str. 113-120.
- OBLAK, Irena, SKOBLAR VIDMAR, Marija, ANDERLUH, Franc, VELENIK, Vaneja, JEROMEN, Ana, BUT HADŽIĆ, Jasna. Capecitabine in adjuvant radiochemotherapy for gastric adenocarcinoma. *Radiology and oncology*, ISSN 1318-2099. [Print ed.], Jun. 2014, vol. 48, no. 2, str. 189-196.
- RADES, Dirk, DZIGGEL, Liesa, ŠEGEDIN, Barbara, OBLAK, Irena, NAGY, Viorica, MARITA, Andreea, SCHILD, Steven E. The first survival score for patients with brain metastases from small cell lung cancer (SCLC). *Clinical neurology and neurosurgery*, ISSN 0303-8467. [Print ed.], Oct. 2013, vol. 115, iss. 10, str. 2029-2032.
- OBLAK, Irena, VELENIK, Vaneja, ANDERLUH, Franc, MOŽINA, Barbara, OCVIRK, Janja. The correlation between the levels of tissue inhibitor of metalloproteinases 1 in plasma and tumour response and survival after preoperative radiochemotherapy in patients with rectal cancer. *Radiology and oncology*, ISSN 1318-2099. [Print ed.], jun. 2013, vol. 47, no. 2, str. 138-144