



Univerza v Mariboru

Medicinska fakulteta

UČNI NAČRT PREDMETA / COURSE SYLLABUS

Ime predmeta:	Zdravstvena psihologija in komuniciranje
Course title:	Health Psychology and Communication

Študijski program in stopnja Study programme and cycle	Študijska smer Study option	Letnik Year of study	Semester Semester
Splošna medicina, enovit magistrski študijski program		Drugi	3.
General medicine, Uniform master's degree study program		Second	3rd

Vrsta predmeta (obvezni ali izbirni) /
Course type (compulsory or elective)

obvezni

compulsory

Univerzitetna koda predmeta / University course code:

Predavanja Lectures	Seminar Seminar	Vaje Tutorial	Klinične vaje Clinical training	Druge oblike študija Other forms of study	Samost. delo Individual work	ECTS
50	30	30			10	4
		AV LV RV				

Nosilec predmeta / Course
coordinator:

prof. dr. Polona Selič-Zupančič

Jeziki /Languages:

Predavanja / Lectures:

slovenski/slovene

Vaje / Tutorial:

slovenski/slovene

Pogoji za vključitev v delo oz. za opravljanje
študijskih obveznosti:

Prerequisites for enrolling in the course or for
performing study obligations:

Vsebina (kratek pregled učnega načrta):

Anksioznost kot stalna spremljevalka in kot situacijsko sprožen pojav. Panična reakcija. Bolnik, anksiozna kriza ob odkritju kronične bolezni in ob stresogenih medicinskih posegih.

Stres. Opredelitev: koncept sprožilnih dejavnikov, stresne reakcije in transakcije (posameznikove zaznave).

Content (syllabus outline):

Anxiety as a state and trait phenomenon. Panic reaction. Patient's anxiety crisis at the time of chronic disease's confirmation and during the stressful medical procedures.

Stress: Definitional issues. Stress as stimulus, response, and transaction. Microlevel Stress Episodes. Chronic conditions. Major Life Events and Risk for Cancer: Evidence

Stresna obdobja. Kronični stres. Veliki življenjski pretresi kot tveganje za pojav raka: rezultati raziskav. Stres in zaščita pred kardiovaskularnimi boleznimi. Stres in endokrini bolezenski pojavi. Stres in izgorevanje pri delu. Zaščitni ukrepi pred izgorevanjem in krepitev zadovoljstva pri delu.

Moderatorji stresa: Strategije spoprijemanja s stresom (Lazarus, Folkman, 1984, 1988), Pomen osebnostne čvrstosti (Kobasa, 1979), Vrsta samonadzora (Rotter, 1966), Tip A in Tip B vedenja (Friedman and Rosenman, 1974), Naučena nemoč (Seligman, 1975);

Medosebna komunikacija v stresnih situacijah: socialna podpora in pomoč kot zaščitno obvladovanje stresa;

Bolečina kot večdimenzionalni in večvrstni pojav: od zgodnjih teoretskih konceptov bolečinskega pojava (Descartes, 1662, von Frey, 1890, Goldscheider, 1894, Sinclair in Weddell, 1955), teorije kontrolnih vrat, Melzack-a in Wall-a, 1965, kasnejših psiholoških, psihofizioloških modelov do bio-psiho-socialnega modela Schwartz-a, 1982, Turk-a in Flor-a, 1984.

Akutna in kronična bolečina. Emocionalno in nevrovegetativno odzivanje na telesno bolečino. Kognitivno-vedenjski aspekti bolečine. Mentalne strategije za obvladovanje akutne bolečine.

Epidemiologija kronične bolečine. Kronična bolečina in kvaliteta življenja. Bolnikovo ne-sodelovanje med biomedicinsko obravnavo. Bolnikovo sodelovanje med multidisciplinarno obravnavo. Kognitivno-behavioristična obravnava.

Kronični bolniki v zdravstveni oskrbi: Komplanca/Adherenca.

Oblike, znaki, obseg in posledice bolnikovega ne-sodelovanja.

Model k bolniku usmerjene obravnave: Spodbujanje bolnikovega sodelovanja med zdravljenjem. Aktivno poslušanje. Nebesedna komunikacija. Vzpostavljanje zaupanja. Empatično vedenje. Bolnikova vprašanja in zdravnikova pojasnila.

Posredovanje informacij in preverjanje razumevanja ter zapomnitve danih navodil.

Ojačitev bolnikove motiviranosti za vzpostavljanje zdravih navad in življenjskega sloga (intrinzična in ekstrinzična motivacija).

Motivacijski razgovor: Model stopenjske razgradnje ambivalence v sprejemanju odločitev in spreminjanju navad in sloga.

Sporočanje slabih novic. Protokol za sporočanje slabih novic bolniku in njihovim svojcem t.im. S-P-I-K-E-S, Buckman, 2005, ima štiri cilje in poteka v šestih stopnjah.

Izgube in petstopenjska teorija o procesu žalovanja. Vrste izgub. Žalovanje v družini. Odkloni v poteku žalovanja (CGD). Strokovno nudenje pomoči. Podporne skupine.

from Literature. Stress and Prevention of Cardiovascular Disease. Stress, Endocrine Manifestations, and Diseases. Stress and Burnout at Work. Organizational Interventions to Alleviate Burnout and Build Engagement with Work.

Stress Moderators: Coping Strategies (Lazarus, Folkman, 1984, 1988), Impact of Hardiness (Kobasa, 1979), Locus of Control (Rotter, 1966), Type A and Type B Behaviors (Friedman and Rosenman, 1974), Learned Helplessness (Seligman, 1975);

Interpersonal Communication in stressful situations: Social Support for Preventive Stress Management;

Pain as multidimensional and multimodal Phenomenon:

from early theoretical Models of Pain (Descartes, 1662, von Frey, 1890, Goldscheider, 1894, Sinclair in Weddell, 1955) Gate Control Model, Melzack and Wall, 1965, psychological, psychophysiological models to further bio-psycho-social view of a pain phenomenon, Schwartz, 1982, Turk and Flor, 1984.

Acute and Chronic Pain. Emotional and neurovegetative responses to painful sensation. Cognitive-behavioural aspects of pain. Mental strategies for acute pain management.

Epidemiologija kronične bolečine. Chronic pain and quality of life. Patient's adherence in the bio-medical management of chronic pain.

Patient's adherence in the bio-psycho-social approach to chronic pain. Cognitive-behavioural treatment.

Chronic Patients in Medical Treatment:

Compliance/Adherence:

Types, Signs, Extent and Consequences of Patient's Non-adherence.

Toward a Model of Patient-Centered Treatment: Enhancing Patient Adherence. Active listening. Non-Verbal Communication. Building Trust. Communicating Empathy. Responding to Patient's Verbal Cues. Communicating Information. Helping Patients Remember Instructions. Enhancing Patient Motivation for Development and Management of Habits and Health Life Style. (Intrinsic and Extrinsic Factors in Motivation).

Motivational interviewing: The Stages of Change Model, helping the patient resolve ambivalence in decision making and choice, and develop realistic strategies to change behaviour.

Communicating Bad News. The Buckman's S-P-I-K-E-S protocol, 2005, with four goals should be performed in six steps strategies.

Loss Events and The Five stages theory of grieving

process. Forms of a loss. Parental bereavement.

Professional support. Support groups. Complicated grief disorder (CGD). Resolving complicated mourning.

Oblike nasilja in zlorab v družinah. Začaran krog nasilja v partnerskih zvezah, Walker, 1979. Psihološka zloraba. Spolna zloraba otrok. Storilci in žrtve nasilnih dejanj. Osnovna načela pomoči žrtvam domačega nasilja.

Forms and consequences of violence and abuse in families. Cycle of violence in intimate partner relationships, Walker, 1979. Psychological abuse. Sexual abuse of children. Perpetrators and victims of violence. Basic helping principles for victims of domestic violence.

Temeljni literatura in viri / Reading materials:

1. SELIČ-ZUPANČIČ, Polona, BLAŽEKOVIC MILAKOVIĆ, Sanja. Principles of communication in family medicine. V: ŠVAB, Igor (ur.), KATIĆ, Milica. *Family medicine*. Zagreb: Medicinska naklada. 2017, str. 225-239. [COBISS.SI-ID [33106393](#)]
2. SELIČ-ZUPANČIČ, Polona, KAŠUBA LAZIĆ, Đurđica. Domestic violence. V: ŠVAB, Igor (ur.), KATIĆ, Milica. *Family medicine*. Zagreb: Medicinska naklada. 2017, str. 446-461. [COBISS.SI-ID [33110489](#)]
3. SELIČ, Polona. *Psihologija bolezni našega časa*, (Zbirka Sophia, 1999, 1). Ljubljana: Znanstveno in publicistično središče, 1999. 335 str., sheme. ISBN 961-6294-06-7. [COBISS.SI-ID [80347392](#)]
4. SELIČ-ZUPANČIČ, Polona. Sistematičen pregled literature. V: KLEMENC-KETIŠ, Zalika, ŠVAB, Igor. Raziskovanje v družinski medicini : priročnik. Ljubljana: Katedra za družinsko medicino Medicinske fakultete. 2014, str. 23-28. [COBISS.SI-ID [31832025](#)]

Dodatna literatura / Additional reading material

1. SELIČ, Polona. *Novi odročnik : nebesedno sporazumevanje za vsakdanjo rabo*. Ljubljana: Inštitut za psihofiziološke študije Pares, 2007. 235 str., ilustr. ISBN 978-961-92179-0-0. [COBISS.SI-ID [234629120](#)]
2. [Martino S, Arnaout B. Fundamentals of motivation and change](#). In: [Levounis P, Arnaout B](#) Handbook of motivation and change: A practical guide for clinicians. Handbook of motivation and change: A practical guide for clinicians. Arlington, VA; 2010. p. 11-23. Available from: <http://libproxy.unm.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=psych&AN=2010-10445-002&login.asp&site=ehost-live&scope=site>
3. Meh D, Georgiev D. Osnove zaznavanja, dožemanja (spoznavanja) in prepoznavanja bolečine. *Med Razgl.* 2013; 52: 105–18
4. FRIGANOVIĆ, Adriano and SELIČ-ZUPANČIČ, Polona. Where to look for a remedy? Burnout syndrome and its associations with coping and job satisfaction in critical care nurses : a cross-sectional study. *International journal of environmental research and public health*, ISSN 1660-4601. [Online ed.], 2021, vol. 18, iss. 8, str. 1-12, ilustr. <https://www.mdpi.com/1660-4601/18/8/4390>, doi: [10.3390/ijerph18084390](#). [COBISS.SI-ID [60533251](#)]
5. KOPČAVAR GUČEK, Nena and SELIČ-ZUPANČIČ, Polona. Depression in intimate partner violence victims in Slovenia : a crippling pattern of factors identified in family practice attendees. *International journal of environmental research and public health*, ISSN 1660-4601. [Online ed.], Jan. 2018, vol. 15, iss. 2, str. 1-16. <http://www.mdpi.com/1660-4601/15/2/210>, doi: [10.3390/ijerph15020210](#). [COBISS.SI-ID [33611993](#)]
6. PENŠEK, Lea and SELIČ-ZUPANČIČ, Polona. Empathy and burnout in Slovenian family medicine doctors : the first presentation of Jefferson Scale of Empathy results = Empatija in izgorelost pri slovenskih zdravnikih družinske medicine : predstavitev prve uporabe lestvice za samooceno empatije pri zdravnikih. *Zdravstveno varstvo : Slovenian journal of public health*, ISSN 0351-0026. [Tiskana izd.], 2018, letn. 57, št. 3, str. 155-165, tabele. <https://content.sciendo.com/view/journals/sjph/57/3/article-p155.xml>, doi: [10.2478/sjph-2018-0020](#). [COBISS.SI-ID [33906905](#)]
7. ČERNE, Anja, ŠVAB, Igor, KERSNIK, Janko and SELIČ-ZUPANČIČ, Polona. Did past economic prosperity affect the health related quality of life predictors? A longitudinal study on a representative sample of Slovenian family medicine patients. *BMC public health*, ISSN 1471-2458, 2013, vol. 13. <http://www.biomedcentral.com/1471-2458/13/1160>, doi: [10.1186/1471-2458-13-1160](#). [COBISS.SI-ID [31030745](#)]

;

Cilji in kompetence:

Študentje se seznani s bio-psiho-socialnim modelom zdravja in bolezni. Spoznajo vlogo psiholoških dejavnikov pri ohranjanju in krepitvi zdravja ter psihološke in psihosocialne dejavnike, ki vodijo k pojavu bolezni in vplivajo na potek njenega zdravljenja.

Razvijajo zmožnost empatije, ustrezne oblike sporazumevanja z bolniki in njihovimi svojci v kriznih okoliščinah ter spoznavajo tudi pomen lastne osebnostne ozaveščenosti kot zaščite pred poklicnim izgorevanjem pri delu.

Objectives and competences:

Students become familiar to bio-psycho-social model of health and illness. They learn about a role of psychological factors in the maintaining and promoting health, as also about their meaning in the occurrence and course of the disease.

They could develop capability of empathy, appropriate forms of communication with patients and their relatives in crises, and recognize the importance of psychological support and partner relationship with patient, as also importance of personal awareness and growth in the doctor's role.

Predvideni študijski rezultati:**Znanje in razumevanje:**

Pomen in prednosti bio-psiho-socialnega modela zdravja in bolezni za klinično prakso zdravnika in drugih v zdravstvenem teamu.

Prenesljive/ključne spretnosti in drugi atributi:

Priprava študentov na ustrezno sporazumevanje in odnos v relaciji zdravnik-bolnik: dvig bolnikovega zaupanja in sodelovanja med zdravljenjem. V pomoč pri ohranjanju lastne, osebnostne in poklicne integritete ter zadovoljstva pri kliničnem delu.

Intended learning outcomes:**Knowledge and understanding:**

The importance and usefulness of the bio-psycho-social model of health and illness, its implication for doctor's clinical practice and collaboration in a medical team.

Transferable/Key Skills and other attributes:

It shall prepare students to effective verbal and non-verbal communication in doctor-patient relationship, to obtain patient's trust and his/her adherence. For future doctors it may be helpful to maintain the own personal and professional integrity, and to feel satisfaction at their clinical work.

Metode poučevanja in učenja:

Interaktivna predavanja

Aktivno skupinsko delo: predstavitev lastnih prispevkov ter spodbujanje kritičnega razmišljanja študentov.

Razlaga. Multimedijske predstavitve.

Obravnava študijskih primerov. Razprava.

Learning and teaching methods:

Interactive lectures,

Students' active role in work groups: presentation of own seminar work products, promoting critical way of thinking.

Explanation. Audio-visual presentations.

Case study. Discussion.

Načini ocenjevanja:

Delež (v %) /

Share (in %)

Assessment methods:

Seminarska naloga (priprava in predstavitev) do 30 točk
Individualni ali skupinski projekt, študija primera (priprava in predstavitev) do 20 točk
Ustni izpit
Ocenjevalna lestvica:
zadostno, 6 (60 – 67), dobro, 7 (68 – 75), prav dobro, 8 (76 – 83), prav dobro, 9 (84 – 89), odlično, 10 (90 –).

30

20

50

Coursework (preparation and presentation) up to 30 points
Individual and group projects, case study (preparation and presentation) up to 20 points
Oral exam
Grading scale:
Sufficient, 6 (60-67); acceptable, 7 (68 to 75); good, 8 (76-83); very good, 9 (84-89); excellent, 10 (90 -).

Reference nosilca / Course coordinator's references:

FRIGANOVIĆ, Adriano and SELIČ-ZUPANČIČ, Polona. Where to look for a remedy? Burnout syndrome and its associations with coping and job satisfaction in critical care nurses : a cross-sectional study. *International journal of environmental research and public health*, ISSN 1660-4601, 2021, vol. 18, iss. 8, str. 1-12, ilustr. <https://www.mdpi.com/1660-4601/18/8/4390>, doi: [10.3390/ijerph18084390](https://doi.org/10.3390/ijerph18084390). [COBISS.SI-ID [60533251](https://cobiss.si/60533251)]

FRIGANOVIĆ, Adriano, KURTOVIĆ, Biljana and SELIČ-ZUPANČIČ, Polona. A cross-sectional multicentre qualitative study exploring attitudes and burnout knowledge in intensive care nurses with burnout = Presečna multicentrična kvalitativna raziskava o znanju in stališčih, ki jih imajo medicinske sestre na intenzivni negi o izgorelosti. *Zdravstveno varstvo : Slovenian journal of public health*, ISSN 0351-0026. [Tiskana izd.], 2021, letn. 60, št. 1, str. 46-54. <https://content.sciendo.com/view/journals/sjph/60/1/article-p46.xml>, doi: [10.2478/sjph-2021-0008](https://doi.org/10.2478/sjph-2021-0008). [COBISS.SI-ID [47882755](https://cobiss.si/47882755)]

SELIČ-ZUPANČIČ, Polona, ČERNE, Anja, KLEMENC-KETIŠ, Zalika, PETEK, Davorina, ŠVAB, Igor. Attitudes toward professionalism in medical students and its associations with personal characteristics and values : a national multicentre study from Slovenia raising the question of the need to rethink professionalism. *Advances in medical education and practice*, ISSN 1179-7258, Jun. 2019, vol. 10, str. 437-445. <https://www.dovepress.com/attitudes-toward-professionalism-in-medical-students-and-its-associati-peer-reviewed-fulltext-article-AMEP#>, doi: [10.2147/AMEP.S197185](https://doi.org/10.2147/AMEP.S197185). [COBISS.SI-ID [34380505](https://cobiss.si/34380505)]

KOPČAVAR GUČEK, Nena and SELIČ-ZUPANČIČ, Polona. Depression in intimate partner violence victims in Slovenia : a crippling pattern of factors identified in family practice attendees. *International journal of environmental research and public health*, ISSN 1660-4601, Jan. 2018, vol. 15, iss. 2, str. 1-16. <http://www.mdpi.com/1660-4601/15/2/210>, doi: [10.3390/ijerph15020210](https://doi.org/10.3390/ijerph15020210). [COBISS.SI-ID [33611993](https://cobiss.si/33611993)]

PENŠEK, Lea and SELIČ-ZUPANČIČ, Polona. Empathy and burnout in Slovenian family medicine doctors : the first presentation of Jefferson Scale of Empathy results = Empatija in izgorelost pri slovenskih zdravnikih družinske medicine : predstavitev prve uporabe lestvice za samooceno empatije pri zdravnikih. *Zdravstveno varstvo : Slovenian journal of public health*, ISSN 0351-0026. [Tiskana izd.], 2018, letn. 57, št. 3, str. 155-165, tabele. <https://content.sciendo.com/view/journals/sjph/57/3/article-p155.xml>, doi: [10.2478/sjph-2018-0020](https://doi.org/10.2478/sjph-2018-0020). [COBISS.SI-ID [33906905](https://cobiss.si/33906905)]

IVETIČ, Vojislav, PAŠIČ, Klemen and SELIČ-ZUPANČIČ, Polona. The effect of an educational intervention in family phisicians on self-rated quality of life in patients with medically unexplained symptoms = Vpliv edukativne intervencije zdravnikov na samooceno kakovosti življenja, zadovoljstva z obravnavo in partnerskega odnosa z zdravnikom družinske medicine pri bolnikih z medicinsko nepojasnenimi stanji. *Zdravstveno varstvo : Slovenian journal of public health*, ISSN 0351-0026. [Tiskana izd.], 2017, letn. 56, št. 2, str. 91-98. <https://www.degruyter.com/downloadpdf/j/sjph.2017.56.issue-2/sjph-2017-0012/sjph-2017-0012.pdf>, doi: [10.1515/sjph-2017-0012](https://doi.org/10.1515/sjph-2017-0012). [COBISS.SI-ID [3764709](https://cobiss.si/3764709)]

MIROŠEVIČ, Špela, KLEMENC-KETIŠ, Zalika and SELIČ-ZUPANČIČ, Polona. The 14-item Resilience scale as a potential screening tool for depression/anxiety and quality of life assessment : a systematic review of current research. *Family practice : an international journal*, ISSN 0263-2136, May 2019, vol. 36, no. 3, str. 262-268. <https://academic.oup.com/fampra/advance-article/doi/10.1093/fampra/cmz081/5085251>, doi: [10.1093/fampra/cmz081](https://doi.org/10.1093/fampra/cmz081). [COBISS.SI-ID [33917145](https://cobiss.si/33917145)]

SELIČ-ZUPANČIČ, Polona. Pomen čuječnosti za blagostanje vsakega profesionalca : kako je mogoče z vadbo čuječnosti spremeniti spoprijemanje s stresom in se bolje počutiti v svoji koži. V: CEDILNIK-

- GORUP, Eva (ur.), ROTAR-PAVLIČ, Danica (ur.). *Uspevati v družinski medicini*. Ljubljana: Zavod za razvoj družinske medicine. 2020, str. 73-87. [COBISS.SI-ID [51352579](#)]
- SELIČ, Polona. *Načela sporazumevanja v družinski medicini*. V: ŠVAB, Igor (ur.), ROTAR-PAVLIČ, Danica (ur.). *Družinska medicina : učbenik*. Ljubljana: Združenje zdravnikov družinske medicine, 2012, str. 157-174. [COBISS.SI-ID [30162137](#)]
- SELIČ-ZUPANČIČ, Polona. Nasilje v družini. V: ŠVAB, Igor (ur.), ROTAR-PAVLIČ, Danica (ur.). *Družinska medicina : učbenik*. Ljubljana: Združenje zdravnikov družinske medicine. 2012, str. 311-326. [COBISS.SI-ID [30166745](#)]
- SELIČ-ZUPANČIČ, Polona. Pomen čuječnosti za blagostanje vsakega profesionalca : kako je mogoče z vadbo čuječnosti spremeniti spoprijemanje s stresom in se bolje počutiti v svoji koži. V: CEDILNIK-GORUP, Eva (ur.), ROTAR-PAVLIČ, Danica (ur.). *Uspevati v družinski medicini*. Ljubljana: Zavod za razvoj družinske medicine. 2020, str. 73-87. [COBISS.SI-ID [51352579](#)]
- SELIČ-ZUPANČIČ, Polona. Težavna obravnava : težava v komunikaciji ali v osebi?. V: POLJANEC BOHNEC, Milenka (ur.), TOMAŽIN-ŠPORAR, Mateja (ur.). *Sladkorna bolezen : povezovanje medicine in humanističnih ved : za zdravstvene delavce*. Ljubljana: Slovensko osteološko društvo. 2019, zv. 3, str. 65-72. [COBISS.SI-ID [34706649](#)]
- SELIČ-ZUPANČIČ, Polona. Interakcijski model stresa. V: POLJANEC BOHNEC, Milenka (ur.), TOMAŽIN-ŠPORAR, Mateja (ur.). *Sladkorna bolezen : povezovanje medicine in humanističnih ved : za zdravstvene delavce*. Ljubljana: Slovensko osteološko društvo. 2019, zv. 3, str. 306-315. [COBISS.SI-ID [34681561](#)]
- SELIČ-ZUPANČIČ, Polona. Vedenjski vzorci in spoprijemanje s stresom. V: POLJANEC BOHNEC, Milenka (ur.), TOMAŽIN-ŠPORAR, Mateja (ur.). *Sladkorna bolezen : povezovanje medicine in humanističnih ved : za zdravstvene delavce*. Ljubljana: Slovensko osteološko društvo. 2019, zv. 3, str. 316-324. [COBISS.SI-ID [34681817](#)]
- SELIČ-ZUPANČIČ, Polona. Delo in stres. V: POLJANEC BOHNEC, Milenka (ur.), TOMAŽIN-ŠPORAR, Mateja (ur.). *Sladkorna bolezen : povezovanje medicine in humanističnih ved : za zdravstvene delavce*. Ljubljana: Slovensko osteološko društvo. 2019, zv. 3, str. 340-348. [COBISS.SI-ID [34682073](#)]
- SELIČ-ZUPANČIČ, Polona. Povezava med socialno podporo in zdravjem. V: POLJANEC BOHNEC, Milenka (ur.), TOMAŽIN-ŠPORAR, Mateja (ur.). *Sladkorna bolezen : povezovanje medicine in humanističnih ved : za zdravstvene delavce*. Ljubljana: Slovensko osteološko društvo. 2019, zv. 3, str. 350-359. [COBISS.SI-ID [34682329](#)]
- SELIČ, Polona, ŠVAB, Igor, REPOLUSK, Marija, KOPČAVAR GUČEK, Nena. What factors affect patients' recall of general practitioners' advice?. *BMC family practice*, ISSN 1471-2296, 2011, vol. 12, issue 1, str. [1-24], 141, doi: [10.1186/1471-2296-12-141](#). [COBISS.SI-ID [29374681](#)]
- FRIGANOVIĆ, Adriano, KURTOVIĆ, Biljana and SELIČ-ZUPANČIČ, Polona. A cross-sectional multicentre qualitative study exploring attitudes and burnout knowledge in intensive care nurses with burnout = Presečna multicentrična kvalitativna raziskava o znanju in stališjih, ki jih imajo medicinske sestre na intenzivni negi o izgorelosti. *Zdravstveno varstvo : Slovenian journal of public health*, ISSN 0351-0026. [Tiskana izd.], 2021, letn. 60, št. 1, str. 46-54. <https://content.sciendo.com/view/journals/sjph/60/1/article-p46.xml>, doi: [10.2478/sjph-2021-0008](#). [COBISS.SI-ID [47882755](#)]
- SELIČ-ZUPANČIČ, Polona, ČERNE, Anja, KLEMENC-KETIŠ, Zalika, PETEK, Davorina, ŠVAB, Igor. Attitudes toward professionalism in medical students and its associations with personal characteristics and values : a national multicentre study from Slovenia raising the question of the

- need to rethink professionalism. *Advances in medical education and practice*, ISSN 1179-7258, Jun. 2019, vol. 10, str. 437-445. <https://www.dovepress.com/attitudes-toward-professionalism-in-medical-students-and-its-associati-peer-reviewed-fulltext-article-AMEP#>, doi: [10.2147/AMEP.S197185](https://doi.org/10.2147/AMEP.S197185). [COBISS.SI-ID [34380505](https://www.cobiss.si/en/record/34380505)]
- RIFEL, Janez and SELIČ-ZUPANČIČ, Polona. Characteristics of elderly frequent attendees in slovene family medicine practices - a cross-sectional study. *Materia socio-medica*, ISSN 1512-7680, Jun. 2019, vol. 31, iss. 2, str. 93-98, doi: [10.5455/msm.2019.31.93-98](https://doi.org/10.5455/msm.2019.31.93-98). [COBISS.SI-ID [34491865](https://www.cobiss.si/en/record/34491865)]
- KOPČAVAR GUČEK, Nena, PETEK, Davorina, ŠVAB, Igor and SELIČ-ZUPANČIČ, Polona. Barriers to screening and possibilities for active detection of family medicine attendees exposed to intimate partner violence = Ovire za presejanje za nasilje in možnosti dejavnega odkrivanja oseb z izkušnjo nasilja v partnerskih odnosih v družinski medicini. *Zdravstveno varstvo : Slovenian journal of public health*, ISSN 0351-0026. [Tiskana izd.], 2016, letn. 55, št. 1, str. 11-20. <http://www.degruyter.com/view/j/sjph.2016.55.issue-1/sjph-2016-0002/sjph-2016-0002.xml?format=INT>, doi: [10.1515/sjph-2016-0002](https://doi.org/10.1515/sjph-2016-0002). [COBISS.SI-ID [3458789](https://www.cobiss.si/en/record/3458789)]
- PETEK ŠTER, Marija and SELIČ-ZUPANČIČ, Polona. Assessing empathic attitudes in medical students : the re-validation of the Jefferson Scale of Empathy - student version report = Ocenjevanje empatične naravnosti pri študentih medicine : poročilo o ponovni validaciji Jeffersonove lestvice empatije - oblika za študente. *Zdravstveno varstvo : Slovenian journal of public health*, ISSN 0351-0026. [Tiskana izd.], 2015, letn. 54, št. 4, str. 282-292. <http://www.degruyter.com/view/j/sjph.2015.54.issue-4/sjph-2015-0037/sjph-2015-0037.xml?format=INT>, doi: [10.1515/sjph-2015-0037](https://doi.org/10.1515/sjph-2015-0037). [COBISS.SI-ID [3411685](https://www.cobiss.si/en/record/3411685)]
- SELIČ-ZUPANČIČ, Polona, ŠVAB, Igor, KOPČAVAR GUČEK, Nena. A cross-sectional study identifying the pattern of factors related to psychological intimate partner violence exposure in Slovenian family practice attendees : what hurt them the most. *BMC public health*, ISSN 1471-2458, 2014, vol. 14, no. 223. <http://www.biomedcentral.com/1471-2458/14/223/abstract>, doi: [10.1186/1471-2458-14-223](https://doi.org/10.1186/1471-2458-14-223). [COBISS.SI-ID [31186905](https://www.cobiss.si/en/record/31186905)]
- SELIČ-ZUPANČIČ, Polona, ŠVAB, Igor, KOPČAVAR GUČEK, Nena. How many Slovenian family practice attendees are victims of intimate partner violence? A re-evaluation cross-sectional study report. *BMC public health*, ISSN 1471-2458, 2013, vol. 13, no. 703. <http://www.biomedcentral.com/1471-2458/13/703>, doi: [10.1186/1471-2458-13-703](https://doi.org/10.1186/1471-2458-13-703). [COBISS.SI-ID [30742233](https://www.cobiss.si/en/record/30742233)]
- SELIČ-ZUPANČIČ, Polona, NASSIB, Aurora, MAKIVIĆ, Irena. Workplace mobbing : a case study report = Razširjenost trpinčenja na delovnem mestu : študija primera. *Obzornik zdravstvene nege : strokovno glasilo Zveze društev medicinskih sester in zdravstvenih tehnikov Slovenije*, ISSN 1318-2951, 2012, letn. 46, št. 2, str. 113-126, tabele. [COBISS.SI-ID [30028249](https://www.cobiss.si/en/record/30028249)]
- SELIČ-ZUPANČIČ, Polona, STEGNE IGNJATOVIĆ, Tea, KLEMENC-KETIŠ, Zalika. Burnout among Slovenian family medicine trainees : a cross-sectional study = Izgorelost med specializanti družinske medicine v Sloveniji : presečna študija. *Zdravniški vestnik : glasilo Slovenskega zdravniškega društva*, ISSN 1318-0347. [Tiskana izd.], mar. 2012, letn. 81, št. 3, str. 218-224. http://www.szd.si/user_files/vsebina/Zdravniški_Vestnik/2012/marec12/218-24.pdf. [COBISS.SI-ID [29728985](https://www.cobiss.si/en/record/29728985)]
- SELIČ-ZUPANČIČ, Polona. Prevalence of intimate partner violence and related interventions in family medicine : a review with special emphasis on the state of affairs in Slovenia. *OA family medicine*, ISSN 2052-8922, Mar. 2013, vol. 1, iss. 1. <http://www.oapublishinglondon.com/article/473>. [COBISS.SI-ID [30756825](https://www.cobiss.si/en/record/30756825)]