



UČNI NAČRT PREDMETA / SUBJECT SPECIFICATION

Predmet:	Zdravstvena nega
Subject Title:	Nursing

Študijski program Study programme	Študijska smer Study field	Letnik Year	Semester Semester
Spolna medicina General medicine - EMŠP		1	2

Univerzitetna koda predmeta / University subject code:

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Labor work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
5	40				45	3

Nosilec predmeta / Lecturer:

Izred. prof. dr. Majda Pajnkihar
 Prof. dr. Tony Butterworth

Jeziki / Languages:	Predavanja / Lecture: Vaje / Tutorial:	Slovenski/slovene
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Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

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Vsebina:

1. Razvoj zdravstvene nege v Sloveniji in v zahodnih državah
 - 1.1 Profesija in disciplina zdravstvene nege
 - 1.2 Opredelitev zdravstvene nege
 - 1.3 Opredelitev medicinske sestre in njena interdisciplinarna vloga in naloge
2. Tim in timsko delo v zdravstvu
 - 2.1 Negovalni tim
 - 2.2 Zdravstveni tim : profesionalno sodelovanje in medsebojno spoštovanje v timu
 - 2.3 Aktivna in avtonomna vloga pacienta v zdravstveni negi in zdravstvu
3. Profesionalna komunikacija in medsebojni odnosi v zdravstvu
 - 3.1 Terapevtska komunikacija v zdravstveni negi
 - 3.2 Profesionalna komunikacija v zdravstvenem timu
4. Filozofija znanosti zdravstvene nege
 - 4.1 Definiranje osnovne terminologije pri teorijah in konceptualnih modelih
 - 4.2 Konceptualni model V. Henderson
 - 4.3 Teorija D. Orem
 - 4.4 Teorija C. Roy
 - 4.4 Teorija I. King
 - 4.5 Povezava teorija, praksa in raziskovanje

Content (Syllabus outline):

- 1 Nursing development in Slovenia and in other west countries
 - 1.1 Nursing profession and discipline
 - 1.2 Definitions of nursing
 - 1.3 Definition of nurse and her interdisciplinary role and tasks
- 2 Team and team's work in health care
 - 2.1 Nursing team
 - 2.2 Health team: professional cooperation and mutual respect in team
 - 2.3 An active and autonomous role of the patient in nursing and health care
- 3 Professional communication and interpersonal relationships in health care
 - 3.1 Therapeutic communication in nursing
 - 3.2 Professional communication in health team
- 4 Nursing phylosophy of science
 - 4.1 Definitions and basic terminology used in theories and conceptual models
 - 4.2 Conceptual model of V. Henderson
 - 4.3 Theory of D. Orem
 - 4.4 Teory of C. Roy
 - 4.5 Theory of I. King
 - 4.5 Conections of theory, practice and research

Temeljni literatura in viri / Textbooks:

- Ellis, RB, Gates, B, Kenworthy, N (2003). Interpersonal Communication in Nursing. Theory and Practice. Edinburgh: Churchill, Livingstone.
- McLaughlin Renpenning, K, Taylor, SG (2003). Self – care Theory in Nursing. Select papers of Dorothea Orem. New York: Springer Publishing Company.
- Meleis, A I (2007). Theoretical Nursing. Development and Progress. 4th Edition. Philadelphia: Lippincott Williams&Wilkins.
- Pearson, A, Vaughan, B, Fitzgerald, M(2000). Nursing Models for Practice. 2Edition. Oxford: Butterworth and Heanemann.
- Powers, BA, Knapp, TR (2006). Dictionary of Nursing Theory and Research. 3rd Edition. New York: Springer Publishing Company.
- Rider Ellis, J, Hartley C L (2005). Managing and Coordinating Nursing Care. 4th Edition. London: Lippincott Williams and Wilkins.
- Sully, P, Dallas, J (2005). Essential Communication Skills for Nursing. Edinburgh: Elsevier,Mosby.
- Sundeen, JS et al (1998). Nurse- Client Interaction. Implementing the Nursing process. 6 th edition. Mosby year book. St Luis: Mosby.

Aktualni članki v revijah:

- International Journal of Nursing Studies.
- Journal of Advanced Nursing.
- Nursing Ethics,
- Nurse Education Today,
- Obzornik zdravstvene nege

Cilji:**Cilji:**

- pomagati študentu razvijati jedro teoretičnega znanja in spretnosti za prakso
- študent poveže teorijo in praks;
- razume vlogo medicinske v interdisciplinarnem timu;
- študent učinkovito izraža mnenja in argumente

Objectives:**Objectives:**

- develop in the student a sound underpinning of theoretical knowledge that informs practice
- integrate theory and practice
- articulate opinions and formulate arguments effectively.

Predvideni študijski rezultati:**Intended learning outcomes:****Znanje in razumevanje:****Študent:**

- spozna zdravstveno nego
- pokaže jasno razumevanje zdravstvene nege kot profesije in discipline
- razvije personalne spretnosti za učinkovito komunikacijo v zdravstvenem timu in za celovito obravnavo pacienta

Prenesljive/ključne spretnosti in drugi atributi:

- Sposobnost razumevanja in uporabe inter-profesionalnih metod timskega dela.
- Sposobnost razumevanja in uporabe terapevtskih komunikacijskih spretnosti v praksi.
- Sposobnost razumevanja in razlage modelov zdravstvene nege.
- Sposobnost razumevanja in uporabe tehnologij izboljšav in posodobitev.
- Sposobnost razumevanja in uporabe tehnik klinične supervizije.

Knowledge and Understanding:**Student:**

- subject specific outcomes
- demonstrates clear understanding of nursing as profession and as discipline
- demonstrates understanding of links between medicine and nursing
- develops personal skills to communicate effectively in health team and for holistic treatment of patient

Transferable/Key Skills and other attributes:

- An ability to understand and use inter-professional team working methods.
- An ability to understand and use therapeutic communication skills in practice.
- An ability to understand and explain nursing models.
- An ability to understand and use innovation and improvement technologies.
- An ability to understand and use clinical supervision techniques.

Metode poučevanja in učenja:

- predavanje
- skupinsko delo
- individualno delo

Learning and teaching methods:

- lecture
- group work
- individual work

Key lectures will provide the essential knowledge of the subject. Seminars will be employed to enable in-depth expansion of the student's knowledge of the topic.

Delenj (v %) /

Weight (in %)

Assessment:

Načini ocenjevanja:	Delež (v %) / Weight (in %)	Assessment:
Način (pisni izpit, ustno izpraševanje, naloge, projekt) - seminar - ustni izpit	40 % 60 %	Type (examination, oral, coursework, project): - Seminar - Oral exam

Reference nosilca / Lecturer's references:**MAJDA PAJNKHAR**

ZARZYCKA, Danuta, DOBROWOLSKA, Beata, ŚLUSARSKA, Barbara, WROŃSKA, Irena, CUBER, Tomasz, PAJNKHAR, Majda. Theoretical foundations of nursing practice in Poland. *Nursing science quarterly*, ISSN 0894-3184, 2013, vol. 26, no.1, str. 80-84. <http://nsq.sagepub.com/content/26/1/80.full.pdf+html>, doi: 10.1177/08943318412466736. [COBISS.SI-ID 1873572], [SNIP, WoS do 5. 2. 2013: št. citatov (TC): 0, čistih citatov (CI): 0, normirano št. čistih citatov (NC): 0, Scopus do 5. 1. 2013: št. citatov (TC): 0, čistih citatov (CI): 0, normirano št. čistih citatov (NC): 0]

PAJNKHAR, Majda, DONIK, Barbara, ČUČEK-TRIFKOVIČ, Klavdija, KEGL, Barbara, PRLLIĆ, Nada, RADIĆ, Rade, STRIČEVIĆ, Jadranka. Wybór modeli i kryteriów analizy i oceny teorii pielęgniarskie = Selection of the models and criteria for analysis and evaluation of nursing theory. *Pielęgniarstwo XXI wieku*, ISSN 1730-1912, 2012, [Vol.] 40, nr. 3, str. 41-46. [COBISS.SI-ID 1897636]

PAJNKHAR, Majda. Nurses' (un)partner-like relationships with clients. *Nursing ethics*, ISSN 0969-7330, 2009, vol. 16, no. 1, str. 43-56. [COBISS.SI-ID 1443492], [JCR, SNIP, WoS do 17. 1. 2013: št. citatov (TC): 3, čistih citatov (CI): 3, normirano št. čistih citatov (NC): 13, Scopus do 20. 6. 2012: št. citatov (TC): 4, čistih citatov (CI): 4, normirano št. čistih citatov (NC): 4]

PAJNKHAR, Majda, MIKŠIĆ, Štefica, JURANIĆ, Brankica, BLAŽEVIĆ, Ivka, SMJEŠKA, Marija. Kronična tuga. *South Eastern Europe Health Sciences Journal*, ISSN 2233-0186, 2011, vol. 1, št. 1, str. 1-6. [COBISS.SI-ID 1759908]

PAJNKHAR, Majda, VRBNJAK, Dominika. Theory evaluation criterion clarity on example of Imogene M. King's theory. V: Nova snaga europskog sestrinstva : zbornik sažetaka : New power of the European nursing : abstract book. Zagreb: Hrvatski nacionalni savez sestrinstva, 2013, str. 36. [COBISS.SI-ID 1980836]