

UČNI NAČRT PREDMETA / COURSE SYLLABUS
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Ime predmeta:	Z dokazi podprta medicina
Course title:	Evidence based medicine

Študijski program in stopnja Study programme and cycle	Študijska smer Study option	Letnik Year of study	Semester Semester
Splošna medicina, enovit magistrski študijski program		Četrta	8.
General medicine, Uniform master's degree study program		Fourth	8th

Vrsta predmeta (obvezni ali izbirni) / Course type (compulsory or elective)	izbirni
	elective

Univerzitetna koda predmeta / University course code:	
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Predavanja Lectures	Seminar Seminar	Vaje Tutorial			Klinične vaje Clinical training	Druge oblike študija Other forms of study	Samost. delo Individual work	ECTS
5	40					45	3	
		AV	LV	RV				

Nosilec predmeta / Course coordinator:	prof. dr. Dušanka Mičetić Turk, doc. dr. Uroš Maver (sonosilec), doc. dr. (Republika Finska) Eva Turk
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Jeziki /Languages:	Predavanja / Lectures: slovenski/slovene
	Vaje / Tutorial: slovenski/slovene

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:	Prerequisites for enrolling in the course or for performing study obligations:
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Znanja iz predkliničnih predmetov in informatike.

Knowledge from preclinical subjects and informatics.
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Vsebina (kratek pregled učnega načrta):	Content (syllabus outline):
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Predavanja: <ul style="list-style-type: none"> • Kaj je z dokazi podprta medicina (praksa)? <ul style="list-style-type: none"> ○ Zgodovina ○ Najzaslužnejše osebe za razvoj z dokazi podprte medicine ○ Časovni potek razvoja in integracija v medicino ○ Analogija z drugimi področji ○ Pristopi integracije po svetu ○ Podatkovne baze, sistematični pregledi in drugi pristopi sinteze znanja– osnove • Kritična presoja obstoječih podatkov kot osnovno orodje načrtovanja v predkliničnih raziskavah in klinični praksi 	Lectures: <ul style="list-style-type: none"> • What is Evidence based medicine (practice)? <ul style="list-style-type: none"> ○ History ○ Crucial people for development of EBM ○ Timeline and integration in medicine ○ Analogy with other fields ○ Approaches around the world ○ Databases, systematic literature reviews and other approaches to knowledge synthesis- basics • Critical appraisal of information as the core tool to research development in pre- and clinical practice • Quality improvement and patient safety
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<ul style="list-style-type: none"> • Izboljševanje kakovosti in varnost pacienta • Vrednotenje zdravstvenih tehnologij <p>Seminarji:</p> <p>Uvod v EBM</p> <ul style="list-style-type: none"> • Ključna vprašanja glede EBM–PICO naloge? • Oblikovanje raziskave/projekta? • Kritičen pregled raziskav <p>Vrste študij</p> <ul style="list-style-type: none"> • Kvalitativno raziskovanje • Kvantitativno raziskovanje • Opazovalne študije • Randomizirane klinične študije • Prikazov primera • Hierarhičnost dokazov • ... <p>Kako iskati literaturo – baze podatkov?</p> <p>Kaj je učinkovito zdravljenje?</p> <ul style="list-style-type: none"> • Sistematični pregled literature • Kdaj narediti sistematični pregled literature? • Ocenjevanje kvalitete metodologije sistematičnih pregledov • Meta analize <p>Kako napisati članek?</p> <p>Kako kritično prebrati članek?</p> <p>Ali lahko verjamemo kliničnim smernicam?</p> <ul style="list-style-type: none"> • Ravnoesje med koristmi in škodo smernic <p>Na dokazih podprta klinična praksa</p>	<ul style="list-style-type: none"> • Health technology Assessment <p>Seminars:</p> <p>Introduction to EBM</p> <ul style="list-style-type: none"> • Key questions in EBM- PICO tasks? • Project/research development • Critical appraisal of studies <p>Types of studies:</p> <ul style="list-style-type: none"> • Qualitative research • Quantitative research • Observational studies • RCTs • Case studies • Hierarchy of evidence • ... <p>Literature search - data bases?</p> <p>What is efficient/effective treatment?</p> <ul style="list-style-type: none"> • Systematic literature review • When do we need a systematic literature review? • Appraisal of methodological quality • Meta analyses <p>How a write a paper?</p> <p>Hot to critically read a paper?</p> <p>Can we trust clinical guidelines?</p> <ul style="list-style-type: none"> • What is the balance between benefits and disadvantages? <p>EBM in clinical practice</p>
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Temeljni literatura in viri / Reading materials:

<ul style="list-style-type: none"> • Guyatt G, Rennie D, Meade MO, Cook DJ: User's Guides to the Medical Literature – A manual for evidence-based clinical practice, 3rd edition. JAMAevidence, McGraw Hill Education, 2014. • Cochrane Collaboration: http://www.cochrane.org <p>Dodatna literatura</p> <ul style="list-style-type: none"> • Higgins, Julian PT, ed. Cochrane handbook for systematic reviews of interventions. Vol. 5. Chichester, England: Wiley-Blackwell, 2008. • Hamer, Susan, and Gill Collinson. Achieving evidence-based practice: A handbook for practitioners. Elsevier Health Sciences, 2014. • Jamtvedt G, Klemp M, Mørland B, Nylenna M. Responsibility and accountability for well informed health-care decisions: a global challenge. Lancet. 2015 Jun 12. pii: S0140-6736(15)60855-8. doi:10.1016/S0140-6736(15)60855-8. [Epub ahead of print] • Ivers NM, Grimshaw JM, Jamtvedt G, Flottorp S, O'Brien MA, French SD, Young J, Odgaard-Jensen J. Growing literature, stagnant science? Systematic review, meta-regression and cumulative analysis of audit and feedback interventions in health care. J Gen Intern Med. 2014 Nov;29(11):1534-41. doi: 10.1007/s11606-014-2913-y.
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- Lavis JN, Wilson MG, Moat KA, Hammill AC, Boyko JA, Grimshaw JM, **Flottorp S**. Developing and refining the methods for a 'one-stop shop' for research evidence about health systems. Health Research Policy and Systems 2015, 13: 10.
- **Flottorp SA**, Oxman AD, Krause J, Musila NR, Wensing M, Godycki-Cwirko M, et al. A checklist for identifying determinants of practice: A systematic review and synthesis of frameworks and taxonomies of factors that prevent or enable improvements in healthcare professional practice. Implement Sci 2013;8:35
- Grønhaug G, Østerås N, **Hagen KB**. Quality of hip and knee osteoarthritis management in primary health care in a Norwegian county: A cross-sectional survey. BMC Health Services Research 2014 14, 598.
- Larsen MH, **Hagen KB**, Krogstad A-L, Aas E, Wahl AK. Limited evidence for the effects of patient education and self-management interventions in psoriasis patients. A systematic review. Patient Education & Counseling. 2014, 94(2):158-69.

Cilji in kompetence:

- spoznati osnove »z dokazi podprte medicine«
- pridobiti pregledno znanje iz kritičnega vrednotenja obstoječih podatkov
- sistematično načrtovanje z dokazi podprtih predkliničnih in kliničnih raziskav
- sistematično načrtovanje pristopov v klinični praksi
- osvojiti podlago za na dokazih temelječe sprejemanje kliničnih odločitev

Objectives and competences:

- learn the basics about »evidence based medicine«
- obtain basic knowledge of critical available data appraisal
- systematic planning of evidence based preclinical and clinical studies
- systematic planning of clinical procedures and practice
- obtain the basis for evidence based clinical decision making

Predvideni študijski rezultati:

Znanje in razumevanje:

- spoznati osnove »z dokazi podprte medicine«
- pridobiti pregledno znanje kritičnega vrednotenja obstoječih podatkov
- sistematično načrtovanje z dokazi podprtih predkliničnih in kliničnih raziskav
- sistematično načrtovanje pristopov v klinični praksi
- osvojiti podlago za na dokazih temelječe sprejemanje kliničnih odločitev
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Prenesljive/ključne spretnosti in drugi atributi:

- osnove z dokazi podprte medicine
- priprava in uporaba sistematičnega pregleda
- sistematično načrtovanje raziskav in uporaba v praksi

Intended learning outcomes:

The students gain fundamental knowledge on:

- learn the basics about »evidence based medicine«
- obtain basic knowledge of critical available data appraisal
- systematic planning of evidence based preclinical and clinical studies
- systematic planning of clinical procedures and practice
- obtain the basis for evidence based clinical decision making

Transferable/Key Skills and other attributes:

- basics in evidence based medicine
- preparation and use of systematic reviewing
- systematic planning of studies and use in practice

Metode poučevanja in učenja:

Predavanja, seminarji.

Learning and teaching methods:

Classroom lectures, seminars.

Načini ocenjevanja:	Delež (v %) / Share (in %)	Assessment methods:
<p>Način (pisni izpit, ustno izpraševanje, naloge, projekt): Materialni pogoji za izvedbo predmeta : Predavalnica, računalniška učilnica.</p> <p>Obveznosti študentov: seminar (priprava kratkega poročila na podlagi PICO vprašanj), ter predstavitev.</p>	100	<p>Type (examination, oral, coursework, project): Material conditions for subject realization Classroom, computer lab.</p> <p>Student's commitments:</p> <ul style="list-style-type: none"> - seminars (a short report on PICO questions), and presentation.

Reference nosilca / Course coordinator's references:

TURK, Eva, PREVOLNIK RUPEL, Valentina, TAPAJNER, Alojz, ISOLA, Arja. Reliability and validity of the audit on diabetes-dependent quality of life (ADDQoL) and EQ-5D in elderly Slovenian diabetes mellitus type 2 patients. *Health*, ISSN 1949-5005, Mar. 2014, vol. 6, no. 8, str. 699-711.

LEGIDO-QUIGLEY, Helena, PANTELI, Dimitra, BRUSAMENTO, Serena, KNAI, Cecile, SALIBA, Vanessa, **TURK, Eva**, SOLÉ, Meritxell, AUGUSTIN, Uta, CAR, Josip, MCKEE, Martin, BUSSE, Reinhard. Clinical guidelines in the European Union : mapping the regulatory basis, development, quality control, implementation and evaluation across member states. *Health policy*, ISSN 0168-8510, 2012, vol. 107, str. 146-156.

KNAI, Cécile, BRUSAMENTO, Serena, LEGIDO-QUIGLEY, Helena, SALIBA, Vanessa, PANTELI, Dimitra, **TURK, Eva**, CAR, Josip, MCKEE, Martin, BUSSE, Reinhard. Systematic review of the methodological quality of clinical guideline development for the management of chronic disease in Europe. *Health policy*, ISSN 0168-8510, 2012, vol. 107, str. 157-167.

DOVNIK, Andraž, MUJEZINOVIĆ, Faris, TREIBER, Milena, PEČOVNIK-BALON, Breda, GORENJAK, Maksimiljan, **MAVER, Uroš**, TAKAČ, Iztok. Seasonal variations of vitamin D concentrations in pregnant women and neonates in Slovenia. *European Journal of Obstetrics, Gynecology and Reproductive Biology*, ISSN 0301-2115. [Print ed.], 2014, vol. 181, str. 6-9.

MAVER, Tina, **MAVER, Uroš**, STANA-KLEINSCHEK, Karin, SMRKE, Dragica, KREFT, Samo. A review of herbal medicines in wound healing. *International journal of dermatology*, ISSN 0011-9059. [Print ed.], Article first published online: 24 Mar. 2015, vol. , iss. , str. [1-12].

6. DEVETAK, Miha, PERŠIN, Zdenka, STANA-KLEINSCHEK, Karin, **MAVER, Uroš**. Utilization of optical polarization microscopy in the study of sorption characteristics of wound dressing host materials. *Microscopy and microanalysis*, ISSN 1431-9276. [Print ed.], Apr. 2014, vol. 20, iss. 02, str. 561-565.

MIČETIĆ-TURK, Dušanka, ŠIKIĆ POGAČAR, Maja. Klinična uporaba probiotikov v pediatriji = Clinical use of probiotics in pediatrics. *Zdravniški vestnik*, ISSN 1318-0347. [Tiskana izd.], dec. 2011, letn. 80, št. 12, str. 933-943.

TURK, Eva, ZALETEL, Jelka, ORMSTAD, Sari Susanna, **MIČETIĆ-TURK, Dušanka**, ISOLA, Arja. Is a multi-disciplinary approach in the delivery of care for patients with Diabetes mellitus Type 2 cost effective? A systematic review. *HealthMed*, ISSN 1840-2291, 2011, vol. 6, no. 2, str. 711-719.

COSTA, Stefano, ASTARITA, Luca, HARIZ, M. Ben, CURRÒ, Giovanni, DOLINŠEK, Jernej, KANSU, Aydan, MAGAZZU, Giuseppe, MARVASO, Stefania, **MIČETIĆ-TURK, Dušanka**, PELLEGRINO, Salvatore, PRIMAVERA, Giuseppe, ROSSI, Pasqualino, SMARRAZZO, Andrea, TUCCI, Francesca, ARCIDIACO, Carmela, GRECO, Luigi. A point-of-care test for facing the burden of undiagnosed celiac disease in the Mediterranean area: a pragmatic design study. *BMC gastroenterology*, ISSN 1471-230X, 2014, vol. 14.